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hitting essays by a diverse collection of writers that wraps its arms around everything from simplicity to climate change to economic metrics to happiness. I approached each chapter (each new writer) with skepticism and a willingness to put the book down, and I found my self delighted time after time. *Less is More: Embracing Simplicity for a Healthy Planet*, a ... The authoritative new book from Cecile Andrews and Wanda Urbanska, *Less is More: Embracing simplicity for a healthy planet, a caring economy and lasting happiness* (New Society, 2009), is just the right tonic for these topsy-turvy times. Side-step stress, don't give into your fear, and thrive, instead, in a world of abundance where freedom and cooperation still

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