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Edition ... The China Study

Cookbook. So when BenBella Books reached out and offered us a copy of Leanne Campbell, Ph.D.'s revised edition of the China Study Cookbook, we were more than eager to accept a copy and start cooking... And we did. Within the first week we made about five recipes, and with each one, we grew even more fond of the cookbook. Book Review: The China Study Cookbook - VegInspired The China Study Cookbook author, Leanne Campbell, is the daughter of T. Colin Campbell, co-author of The China Study. This cookbook is representative of how the Campbell family eats at home, and is in line with the type of plant-based eating The China Study encourages. A couple of notes about the recipes in

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general. This is a no-added oils book ... The China Study Cookbook | The Picky Vegan Indulge in the revised and expanded edition of the bestselling China Study Cookbook-with more than 175 mouthwatering recipes and stunning all-new photography With 2 million copies sold, The China Study has been hailed as one of the most important health and nutrition books ever published. The China Study Cookbook : Leanne Campbell : 9781944648954 Written by LeAnne Campbell, daughter of The China Study author T. Colin Campbell, PhD, and mother of two hungry teenagers, The China Study Cookbook features delicious, easily prepared plant-based recipes with no added fat and minimal sugar and salt that promote optimal

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